

From the Potting Shed

September 2017

Master Gardeners of Bergen County

SAVE THE DATE

MG meeting - Tuesday, Sept. 26

1 Bergen County Plaza 1st-floor meeting room Hackensack

Refreshments at 7 pm Announcements at 7:20 pm Program to follow



A display of pitcher plants.

Carnivores in captivity

Discover the wonders of carnivorous plants. Eric Kunz of <u>Seemore Carnivorous Gardens</u>, Long Island's premier carnivorous plant nursery, will unlock the mysteries of these unique and endangered oddities of the plant kingdom.

Learn how these mysterious plants trap and devour their prey and the important role they play in the environment. Eric will discuss:

- Different species of carnivorous plants indigenous to the Northeast;
- Plant habitat;
- Different types of trapping mechanisms;
- The plants' digestive and growth process;
- · Care and maintenance; and

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 How to incorporate and use these plants in your home and landscape as part of a green gardening program.

Plants will be available for purchase; 10% of the sales will be given to the MG of BC.

Fall Festival Sept. 23-24: Help needed!



(Jeffrey Chan, left, and Karen Pennell, seated, at last year's festival.)

The Class of 2017 needs your help in the MG tent during the Bergen County Fall Festival in Van Saun Park, Paramus.

Volunteers are needed to help set up exhibits and/or give class members a break. In return for

your time, you'll have the opportunity to get to know our new class members, enjoy their creative projects, chat with the public, visit the festival, and accumulate volunteer hours.

You can volunteer for a two-hour interval from 8:30 am-5 pm Saturday, Sept. 23 and/or from 9:30 am-4:30 pm Sunday, Sept. 24. We also may need volunteers to set up on Friday.

To volunteer, contact Dennis and Carolyn Gretchen with your preferred two-hour time slot at 201-991-8140 (home) or 201-893-1665 (cell), or send an e-mail to dcgretchen76@gmail.com. We look forward to hearing from you.

- Carolyn and Dennis Gretchen

From the President's Desk

As many of you know, our dear friend and fellow Master Gardener Jane
Furman passed earlier this year. We would like to commemorate her volunteerism with a tree and plaque in Teaneck where she lived and volunteered for decades. Trees of Love (TOL) is a program sponsored by the Teaneck Shade Tree Advisory Board. Donors can select a tree, which will be planted and maintained in a township park along with an engraved granite plaque.

To make a donation, mail a check payable to the Township of Teaneck and in the memo put "TOL Jane Furman." The tree and plaque will be installed in the spring, with the park and variety of tree to be determined. Janet Austin is managing the logistics and can be reached at JAustin634@optonline.net or 201-836-2379. Please mail your check to Janet Austin at 634 Johnson Court, Teaneck, NJ 07666.

I look forward to seeing a wonderful remembrance of Jane in the town in which she lived and loved.

As mentioned in previous newsletters, we are looking for volunteers to help on different committees. If you can lend a hand, please contact me at Joseph@MGofBC.org or 201-666-5111 to discuss the opportunities available.

Thank you.

- Joseph Cooper

MG OF BC NEWS



Meet Patrick Lull, Class of 2017

By Miriam Taub

Patrick Lull says that while he has never given his girlfriend, Izabela Van

Tassel, cut flowers he has given her more flowers than any of her previous beaus. That's because all of his flower gifts have been potted plants. More recently, he created a butterfly garden — certified by the North American Butterfly Association — at Van Tassel Funeral Home in Bloomfield, which Izabela owns. It's the only certified butterfly garden in Bloomfield.

Within the butterfly garden, Patrick has planted tomatoes, peppers, dandelions, and dwarf peach and apple trees. And, this is just the start. He has plans to add or enhance plantings on the front, side, and back of

the spacious funeral home property including installing plants on the parking lot medians.

Patrick, 49, grew up in Hillsdale, where he would cut the grass and do minor landscaping around the house for his mom, Berta Lull. Patrick reports that Berta was and still is an avid gardener with both indoor and outdoor plants. But little did he know as a teen that the same passion for gardening would rub off on him years later.

After graduating from high school in 1987, Patrick joined the Navy and worked on fighter jets. He was assigned to Lemoore Naval Air Station, south of Fresno, CA, and was honorably discharged. After returning to New Jersey, he went to Ramapo College. There, he said, he "jumped around" majors trying out international business and psychology before receiving a bachelor's degree in communications. At the time, his goal was to become an actor. However, as he recalled, he was in a Mary J. Blige video "for all of three seconds" when he decided to move on to another career.

After that, Patrick became involved in sales: He sold mortgages, Oriental rugs at ABC Carpet & Home, landscaping services, and then insurance (life, health, and property-casualty/commercial), which he sells today from the Capacity Coverage insurance brokerage in Mahwah.

It was while he worked at a funeral home in Garfield in 2011 that he met Izabela, who was interning there. One of her duties, he joked, was to wipe the leaves of the artificial plants.

In April 2015, Patrick bought the home that he'd been leasing in Hackensack. That's when, he said, he found himself driving around and noticing landscaping. "Things kicked into place," he said. He found himself wanting to join a garden club and get answers to his gardening questions. A friend from his church, Calvary Chapel North Jersey in Passaic, suggested the MG program, which her brother had completed in another county.

Patrick investigated and enrolled in the current MG class and volunteered as the class liaison to the MG of BC board of directors. That role counts toward his volunteer hours. In addition, Patrick volunteered at the Holiday Open House at Skylands Manor and at a summer horticultural therapy program in Garfield where he said he enjoyed the kids' reactions to seeing and touching the plants.

Meantime, Patrick said he's been studying health and nutrition since he was exposed to the teachings of Dr. Joel Robbins of Oklahoma, a holistic doctor. "You start learning how depleted the soil is," he said of Robbins' teachings. "The food we eat today isn't what our

ancestors ate. Soils are not given a rest. Most farmers treat the soil like dirt, not like soil," he pointed out. As a result, Patrick said he got into organic food, growing his own vegetables, joining food co-ops, and trying to eat healthier.

At his home, Patrick said, he's built a few vegetable beds and planted 12 fruit trees, though the squirrels claim a lot of the fruit. "I'm all about sharing," he said, "but just leave me some." For the future, he's considering buying a B&B farm/retreat where people can get away from the hustle and bustle while they work in the garden.

Meanwhile, if anyone has extra perennials, Patrick said he'd be happy to pick them up. Contact him at patrickplull@aol.com.

Upcoming events from the Speakers Bureau *By Arnie Friedman*

The Master Gardeners Speakers Bureau has scheduled several lectures for the fall:

- Sept 16: Arnie Friedman will speak about applying the historic roots of design to the home garden to the American Rhododendron Society, Tappan Zee Chapter.
- **Sept. 28:** Dail Reid will discuss the 10 most common gardening mistakes at the Leonia Public Library.
- Oct. 12: Arnie will speak about applying the historic roots of design to the home garden at the Leonia Public Library.
- Nov. 6: Arnie will present a new topic less lawn and the native meadow movement – to the Tenafly Garden Club.

Check the monthly *Horticulture Grapevine* (page 6 and 7) for the time and address of each presentation.

If you belong to an organization that would like a speaker on a garden-related topic or you would like to be listed as a speaker with the Speakers Bureau, contact arnie@arniesgardens.com. We are eager to offer new lecturers and topics.

In memoriam

Joseph Papa, Class of 2015

Jan. 5, 1946 - Aug. 27, 2017

SHOWS, CONFERENCES & WORKSHOPS

Oct. 7, NJ State Conference Treasure Our Trees

Rutgers Master Gardeners Association of New Jersey

Registration for the state conference is \$35 per person with a \$12 optional lunch. Registration closes Oct. 2, and no walk-ins are permitted into the conference. To register, click here. Or, click here for the mail-in form.

Sept. 10, 1-3 pm: A history of edible flowers at Frelinghuysen Arboretum

A lecture and book signing by Constance Kirker, author of "Edible Flowers, a Global History" will take place in the arboretum's Haggarty Center, 353 E. Hanover Ave., Morris Township.

Constance will discuss the history of flowers as a tasty ingredient in a variety of cuisines. The Greeks, Romans, Persians, Ottomans, Mayans, Chinese, and Indians have been cooking with flowers for centuries, and today's chefs use them to add something special to their dishes. Light refreshments and a book signing will follow the lecture.

Cost: \$15 members; \$20 non-members. Registration deadline is Sept. 3. To register, click here, and scroll down to Sept. 10 in the left column. Then click on "Register with PayPal" at the bottom of the event description. You don't need a PayPal account to register.

Sept. 13, 11 am-noon: Greenwood Gardens walk Get an up close and personal view of Greenwood Gardens, 274 Old Short Hills Road, Short Hills. Join Sonia Uyterhoeven, head of horticulture, for a monthly plant walk. Familiarize yourself with the wonderful collection of trees, shrubs, perennials, and the everchanging annual displays in the garden. Iced tea and cookies will be provided.

Cost: Free to members; \$5 non-members. To register, click here and scroll down to the "Plant Walk-Sept. 13."

Sept. 16, 9 am-1 pm: Skylands lilac care workshop

Come work in the lilac garden, and get a hands-on lesson in lilac pruning, thinning, dead-heading, and general care from Dan Ryniec, former lilac curator at the Brooklyn Botanic Garden. Lesson begins at 10 am. Rain date is Sept. 23.

Cost: Free. NJ Botanical Garden at Skylands, 2 Morris Road, Ringwood.

Sept. 16, 1-3 pm: Herb liberation at Frelinghuysen

Karen Bussolini returns to the Frelinghuysen Arboretum for a lecture on the topic of all things herb. Use herbs throughout the landscape, in flower gardens, in vegetable gardens (to attract pollinators and other beneficial insects), as ground covers, as specimens, and in containers.

Karen has been a gardener all her life and specializes in garden photography, writing, speaking, and eco-friendly garden coaching/design. She is an accredited organic land-care professional by the Northeast Organic Farmers Association (NOFA). The lecture will be held in the arboretum's Haggarty Center, 353 E. Hanover Ave., Morris Township.

Cost: \$25 members; \$35 non-members. This program counts toward 2.0 Rutgers Master Gardener CEUs. Registration deadline is Sept. 9. To register, click here, and scroll down to Sept. 16 in the left column. Then click on "Register with PayPal" at the bottom of the event description. You don't need a PayPal account to register.

Sept. 17, noon-4 pm: Willowwood Arboretum fall open house

Take a guided tour of the 130-acre Willowwood Arboretum in Far Hills. Visit the gardens or meadows, or stroll the grounds using your cell phone to guide you. The Tubbs house will be open for a rare peek at the home life of botanizing brothers Henry and Robert Tubbs. Talks about some of the decorative arts in the house, such as the fine collection of Willowware, will be given throughout the day. Staff members share tips on how to put your garden to bed and which trees, shrubs, and flower are fall performers. Light refreshments will be provided by the Willowwood Foundation.

Cost: \$5 per car; 14 Longview Road, Far Hills.

Sept. 24, 10-11:30 am: Gardening for the birds at Van Vleck

What types of plants, bushes, or trees would make a good place for a bird to build a nest? What plants provide the best food sources for birds? What plants provide good nesting materials? This class at the Van Vleck House in Montclair will help you come up with ideas to create a habitat for migrating and resident birds. Participants will walk through the Van Vleck gardens to get inspiration and ideas.

Cost: \$10 Friends of Van Vleck; \$15 others. To register, send an email to education@vanvleck.org or call 973-744-4752; 21 Van Vleck St., Montclair.

Useful Links

Many local garden centers give discounts to MGs. See the list at mgofbc.org/useful-links.html. Bring your membership card when shopping.

VOLUNTEER SITE NEWS

Garretson Forge and Farm

Gardeners have been busy this summer harvesting veggies and herbs to be donated to St. Paul's Community Development Food Pantry in Paterson. Each week several baskets of fresh produce are carefully prepared and delivered. There is still so much to do. Please join us on Thursdays from 10 am-2 pm at the farm, 4-02 River Road, Fair Lawn.

- Lida Gellman

Garretson annual butterfly festival

Saturday, Sept. 9, 1:30-3 pm

<u>Garretson Forge and Farm</u> has been a Monarch Way
Station, as designated by Monarch Watch, since
2005. Each year we protect the butterflies and
caterpillars that make Garretson their home.

In past years, we have raised and released more than 250 monarch butterflies over the summer. And each year we celebrate all things butterfly the second weekend of September. It is at this educational festival, geared to children, that we release the butterflies that have just emerged and are ready to go.

The monarchs we release in September are the ones that will join the amazing migration over thousands of miles to Mexico. The monarch is now being considered for the U.S. Fish & Wildlife Service Endangered Species List.

Join us for an informative and fun afternoon. Hands-on activities will be available. For more information, send an email to info@garretsonfarm.org.

Coming in October: Garretson's annual fall festival Sunday, Oct. 8: Garlic will be available for purchase, just in time for fall planting. More information in the October *Potting Shed*.

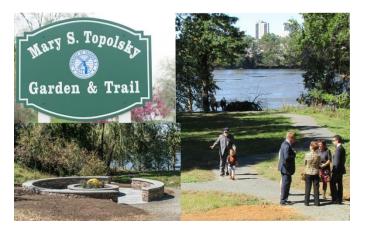
Hackensack River Greenway

Come to the Hackensack River Greenway in Teaneck, see the native plants, and watch the Hackensack River go by. You'll understand the enthusiasm of the Friends

of the Hackensack River Greenway, an organization that develops and maintains walking trails here.

The Mary S. Topolsky Garden and Trail at 640 River Road is a new part of the Greenway. Mary was instrumental in Teaneck's purchase of the land and planned the trail with ADA-wheelchair accessibility in mind. The trail is paved with small stones, and winds around the incline, so those using wheelchairs can go to the river.

Planting of the garden and trail in 2016-17 included fragrant native flowers and plants, such as Joe Pye weed and bergamot, as well as a butterfly garden.



Master Gardeners are needed to volunteer their expertise in invasive plant identification and control; water-edge planting; native plant propagation; and trail maintenance. To volunteer, contact Richard Karp at rich1201@mac.com.

- Patricia Libutti

The Hermitage



The <u>Hermitage</u> garden tea party will be held from 1-4 pm Sunday, Sept. 10 at 335 N. Franklin Tpke., Ho-Ho-Kus.

Enjoy herbal teas, finger sandwiches, and sweets on the verandas overlooking our historic herb gardens. Take a

guided tour of our Victorian-era mansion, which opened as a tea room in 1917. Learn about the language of flowers used by elite Victorians to send coded messages to lovers and friends. Cut a few herbs and make your own flower message to take home. You can also learn how to read tea leaves.

The cost is \$40 per person; children are welcome. To purchase tickets, click here. Space is limited.

MG OF BC TRIPS AND TOURS

Sept. 14, 11 am, Mt. Cuba, Hockessin, DE

The Mt. Cuba Center is a botanical garden that inspires an appreciation for the beauty and value of native plants and a commitment to protect the habitats that sustain them. Walking through the Mt. Cuba Center is a unique experience that changes with the seasons. You'll see thousands of types of plants native to the eastern United States.

The cost of the guided group tour is \$12 per person with an optional lunch for \$15 per person (vegetarian green salad or chicken with Caesar salad).

To sign up by the Sept. 4 deadline:

- Mail a check, payable to the Master Gardeners of Bergen County for the \$12 or \$27 per person, to: Master Gardeners of Bergen County, Attn: Bruce Walenczyk, PO Box 542, Glen Rock, NJ 07452-0542.
- If you're paying for the lunch, send an email to Josie Ko at <u>josie_ko1@hotmail.com</u> with your lunch preference.

NYBG tour in August led by Kim Eierman



From left: Kathleen Sullivan, Gallya Gordon, Sophie Stone, Lucy Malka, Kim Eierman, Josie Ko, Pauline DuBois, Melody Corcoran, Anne Lander, Arta Pagano, Christa Brannan, Christiane Oliveri.

Photo by Sophie Stone.

FARMERS MARKETS

Englewood Farmers Market, corner of N. Van Brunt Street and Demarest Avenue; through Oct. 27; Fridays, 11 am-6 pm

Fort Lee Farmers Market, Fort Lee Community Center outdoor plaza, 1355 Inwood Ter.; through Nov. 19; Sundays, 8 am-2 pm

Glen Rock Farmers Market, Borough Hall parking lot (1 Harding Plaza); through Oct. 15; Sundays, 10 am-2 pm

Hasbrouck Heights Farmers Market, Central Avenue and the Boulevard; through mid-October; Tuesdays, noon-6 pm

Nyack Farmers Market, Main Street parking lot; through November; Thursdays, 8 am-2 pm

Oakland Farmers Market, Borough Hall lot on Route 202; through Oct. 26; Saturdays, 9 am-1 pm

Paramus Farmers Market, Petruska Park north parking lot, 471 N. Farview Ave.; through Oct. 12; Wednesdays, 2-6:30 pm

Ramsey Farmers Market, Main Street train station; outdoors through Nov. 26; Sundays, 9 am-2 pm

Ridgewood Farmers Market, train station parking lot, Godwin and W. Ridgewood avenues; through Oct. 30; Sundays, 9 am-3 pm River Vale Farmers Market, 406 Rivervale Road; through Oct. 26; Thursdays, noon-6 pm

Rutherford Farmers Market, Park Avenue at the Williams Plaza; through Oct. 28; Wednesdays, 11 am-6 pm; Saturdays, 8 am-2 pm

Teaneck Farmers Market, Beverly Road and Garrison Avenue; through Oct. 26; Thursdays, noon-6 pm

Tenafly Farmers Market, Washington Street and Tenafly Road; through Oct. 28; 10 am-2 pm Sundays

Bergen County Rutgers Cooperative Extension Office

Joel Flagler Agricultural/Resources Management Agent & County Extension Dept. Head 201-336-6780 Horticulture Consultant 201-336-6788

Cooperating Agencies: Rutgers, the State University of NJ, U.S. Department of Agriculture, and Bergen County Board of Chosen Freeholders. Rutgers Cooperative Extension educational programs are offered to all without regard to race, religion, color, age, national origin, gender, sexual orientation, or disability. Rutgers Cooperative Extension is an Equal Opportunity Employer.

HORTICULTURE GRAPEVINE

- 7:30 pm, Harrington Park Garden Club, upstairs in the Harrington Park Library, 10 Herring St. Speaker: Marie Hayes. Topic: The golden age of gardening (Victorian era) illustrated by great historical estates, such as the Harriet Beecher Stowe House, the Vanderbilt Mansion in Hyde Park, and the Mohonk Mountain House in New Paltz.
- **Sept. 11 11:30 am, Tenafly Garden Club**, Davis Johnson Park and Gardens, Speaker: Bruce Crawford. Topic: Wildflowers in NJ gardens.
- **Sept. 13 7 pm, Wyckoff Area Garden Club,** Wyckoff Public Library, 200 Woodland Ave. Refreshments prior to the 7:30 pm meeting. Topic: The good, the bad, and the ugly adventures and misadventures in the garden. Members will compare notes on things that worked and things that disappointed in the garden through "show and tell" photos and plants.
- 7:30 pm, Garden Club of Oakland, Oakland Senior Center, 20 Lawlor Drive. Speaker: Tom Bender. Topic: Techniques of shrub and tree pruning.
- **Sept. 16 1:30 pm, American Rhododendron Society, Tappan Zee Chapter,** 13 Berthoud St., Park Ridge. Speaker: Arnie Friedman. Topic: Historic roots of design.
- **Sept. 19 7 pm, Backyard Garden Club,** Friends of the River Vale Free Public Library, 412 Rivervale Road. Speaker: Edith Wallace. Topic: Trees in bloom February to November.

- **Sept. 25 7:30 pm, Ho-Ho-Kus Garden Club,** Community Church, 400 Warren Ave. at Sycamore Avenue; entrance on Sycamore. Speaker: Arlene Madan, Wyckoff Area Garden Club. Topic: Chelsea flower show.
- **Sept. 28 6:30 pm, Leonia Public Library,** 227 Fort Lee Road. Speaker: Dail Reid. Topic: 10 most common garden mistakes.

Deadline for the Horticulture Grapevine is the 25th of the prior month.

- To submit information about garden club meetings, contact Lucy Malka at lhmalka@optonline.net or 201-791-3562.
- To submit information about plant society meetings, contact Catie Farahat at cwfarahat@scatteringlight.com.

The Master Gardeners of Bergen County does not share or sell its email/mailing list to non-members or to other organizations. Our membership information is confidential and for official MG use only. We ask our members not to share our list with non-members or to use it for any unauthorized purposes. When sending an email to the MG list, address it using the "bcc" option instead of "to" in order to keep the list of recipients from being visible.

Please share photos of your volunteer work or of your garden. When submitting photos, please identify everyone in the photo. Submit photos to <u>janet-schulz@yahoo.com</u>.

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